



## **Humber, Coast and Vale Cancer Alliance**

### **March 2021 Stakeholder Update**

#### **A message from Yvonne Elliott, Managing Director**

Cancer services remain an absolute priority for the NHS and measures are being put in place across Humber, Coast and Vale to help reduce cancer waiting lists and support recovery.

Within the Alliance, there is a lot of work taking place to develop and deliver innovative projects such as Colon Capsule Endoscopy, PinPoint, and Cytosponge across Humber, Coast and Vale. The roll out of these innovations, along with the extension of Rapid Diagnostic Centres and development of Community Diagnostic Hubs, will support the Alliance's wider plans to minimise backlog and ensure patients can receive a faster diagnosis.

In this update you can find out more about the recent work that has taken place across the Alliance, and more information is available to view on our [website](#).

### **Awareness and Early Diagnosis**

#### **Primary Care Strategy Delivery Group**

The Alliance was pleased to hold its first Primary Care Strategy and Delivery Group on 11<sup>th</sup> March. The meeting, which brought together CCG Cancer Commissioners, GP Cancer Leads and other primary care representatives from across the Alliance, was used to discuss the continued roll out of FIT in Primary Care, the ambition for Lung Health Checks across the Humber, Coast and Vale region and the work that is taking place to set up and support the use of tele-dermatology at Hull University Hospitals NHS Trust.

#### **Cancer Champions**

It's been a busy month for the Cancer Champion Programme. The Alliance has delivered lots of free 90 minute awareness sessions across Humber, Coast and Vale, including nine public sessions, three private sessions and two 'booster' sessions.

A priority for the Cancer Champion programme moving forwards is to link with more community groups and ensure cancer awareness sessions can be delivered and accessed by a wide range of people. This month, the Alliance was pleased to support International Women's Week celebrations by delivering a private session to Kyra Women's Group in York.

The Cancer Champion team have also recently delivered training to Community Development Workers at Yorkshire MESMAC. Yorkshire MESMAC is one of the oldest and largest sexual health organisations in the country and the York office have gained funding to work with the York Travellers Trust, and the Alliance is helping to establish the most effective way of raising awareness of cancer within Gypsy and Traveller communities.



Finally, the Programme is pleased to report that over 160 people took part in a cancer champion session that was delivered exclusively to staff at AVIVA, which has brought the total number of Cancer Champions trained across Humber, Coast and Vale to over 2,300.

Cancer Champions raise awareness of cancer across Humber, Coast and Vale and help to promote early diagnosis with their family, friends and colleagues. To find out more about the programme, or to sign up for a free 90 minute awareness session, please visit [www.hcvcanceralliance.org.uk](http://www.hcvcanceralliance.org.uk) or email [eryccg.cancerchampion@nhs.net](mailto:eryccg.cancerchampion@nhs.net) for more information.

### **Lung Health Checks**

The Alliance has been working with its partners to re-launch the Hull Lung Health Check programme, which will go live on Monday 12<sup>th</sup> April.

The service, which aims to diagnose lung cancer early, initially ran for five weeks at the start of January until it was paused due to the coronavirus pandemic. During that time the service welcomed over 800 participants, helped to identify a number of cancers at an early stage and referred over 100 participants to local stop smoking services.

Covid-19 measures are now in place to ensure the safety of both participants and staff and, as a result, the service will be delivered slightly differently for the next few months.

Eligible participants will be invited to take part in a telephone assessment with a fully trained lung health check nurse. Those reaching the risk score threshold and requiring a low dose CT scan, will be offered an appointment within two weeks to attend our Covid-19 secure mobile CT unit, which is currently sited at Castle Hill Hospital. It is hoped that the service will be brought back into community venues as soon as possible.

Requirements for any follow up scans will also be undertaken on the mobile unit and all participants who currently smoke will still be offered support to quit, should they wish to do so. Participants will be given a full range of information to support them through the service and further information can be found at [www.lunghealthcheck.org.uk](http://www.lunghealthcheck.org.uk)

### **Gateway C**

Humber, Coast and Vale Cancer Alliance would like to make Primary Care colleagues aware of two free GatewayC Live Webinars in April and May entitled 'Effective Telephone Conversations' and 'New Types of Cancer Treatments and Their Effects'. For more information and to sign up, please click on the links below.

#### **Effective Telephone Consultations**

Wednesday 21<sup>st</sup> April, 1-2pm

[Register here](#)



## **New Types of Cancer Treatments and Their Effects**

Weds 14<sup>th</sup> May 1-2pm

[Register here](#)

## **Diagnostics**

### **Rapid Diagnostic Centres**

York Teaching Hospital NHS Foundation Trust Rapid Diagnostic Centre has expanded to Scarborough. The centre, which is used to diagnose cancer and other diseases faster than the typical pathway, has gone from strength to strength throughout the COVID-19 pandemic.

The Rapid Diagnostic Centre (RDC) opened at Scarborough Hospital in January 2021, where Dr Ayaj Muddu has been appointed as the new RDC Clinical Lead.

The opening of the RDC in Scarborough offers more local support for patients on the East Coast, with quicker diagnosis or ruling out of cancer for a larger number of our population. This means those with cancer will be able to begin treatment sooner.

HCV Cancer Alliance is working with stakeholders to embed RDC principles and pathways across our region. As we continue to mitigate against the impact of COVID-19, RDCs will help increase capacity, reduce backlogs and support our ambition of achieving faster diagnosis for patients.

It is anticipated that all patients with serious non-specific symptoms in East Riding of Yorkshire, Scarborough and Ryedale, Vale of York, and Hull will have access to a RDC by summer 2021.

Find out more about Rapid Diagnostic Centers at [hvcanceralliance.org.uk/diagnostics](https://hvcanceralliance.org.uk/diagnostics)

### **Community Diagnostic Hubs**

On March 17th, a stakeholder event was held to continue planning the roll out of Community Diagnostic Hubs. Key stakeholders were invited to take part in a workshop that was used to review and discuss the next steps for implementing a hub within the Humber, Coast and Vale region. To establish a focussed plan for delivery, diagnostic assets and data is currently being reviewed and a further stakeholder event will take place in April to agree on the priorities outlined in the first workshop.

To find out more about Community Diagnostic Hubs, please [click here](#).



### Innovation

From May, patients on an urgent cancer pathway at York Teaching Hospital NHS Foundation Trust will be offered a new diagnostic test.

As part of a nationwide pilot, the Trust will be trialling miniature cameras no bigger than a pill, which patients can swallow to get checked for cancer. Known as a colon capsule endoscopy, the cameras are the latest NHS innovation to help patients access cancer checks at home.

The new imaging technology can provide a diagnosis within hours, contrary to traditional endoscopies, where patients would need to attend hospital and have a tube inserted. [Click here](#) to read more.

### Treatment and Pathways

#### Cancer Demystified

Humber, Coast and Vale Cancer Alliance is pleased to offer free Cancer Demystified webinar training for staff working in cancer services at Hull University Teaching Hospitals NHS Trust, York Teaching Hospital NHS Foundation Trust and Northern Lincolnshire and Goole NHS Foundation Trust.

Cancer Demystified training aims to provide both clinical and non-clinical colleagues with a wider understanding of cancer and the associated terminology. The sessions, which can be accessed online and last around 60 minutes, help build confidence to have potentially difficult conversations about cancer with those affected by it.

Each webinar covers a different topic, from the staging and grading of cancer and how chemotherapy works, to in-depth descriptions of different cancer types and more. A link to the full list of modules can be found [here](#).

The free sessions are available to Trust staff working in cancer services until 31st March 2022. For more information and to sign up, email [admin.hcvcanceralliance@nhs.net](mailto:admin.hcvcanceralliance@nhs.net).

### Living With and Beyond Cancer

#### Cancer Support Group 'Share and Learn' Event

On Wednesday 17th March, Humber, Coast and Vale Cancer Alliance held its second Support Group Share and Learn event. This is a networking event for local cancer support groups, stakeholders, and the Alliance to share news, feedback and ideas.



The Alliance was joined by Jason Feavers, a representative from York 5K Your Way, Macmillan Information Centre staff, Yorkshire Cancer Research and volunteers from a number of local cancer support groups.

The event was productive, well-attended, and provided the Alliance with valuable insights into how cancer support groups are continuing to support those affected by cancer, despite the challenges presented by COVID-19. The group also discussed what further health and wellbeing support is needed and Jason Feavers provided an overview of the resources that are available on the [5K Your Way website](#) and could benefit people living with and beyond cancer.

### **What Matters to You, Matters to Us**

The Humber Acute Services Review (HASR) programme would like you to help shape the future of healthcare services across the Humber by taking part in a short survey.

The Humber Acute Services programme is coming up with a clear plan for the future of our hospital services that will describe how we will provide modern health care for the population of the Humber region. It is already bringing in some short-term changes and improvements across a range of specialties. In addition, HASR is looking at core services across all our hospitals in the Humber. HASR are thinking about how these services could be provided differently in the future, whether in hospitals or GP surgeries, at home or on the high street.

When making decisions about what changes to make, it is vital that these are informed by what staff delivering services and local people using them have told us matters most to them. HASR needs your input to help us make the best changes for you, your patients and your families.

Please take 5 minutes to complete this short [survey](#) to help us understand what is most important to you as we work to plan for the future. You can find out more about why the changes are needed and keep up to date on the work of the Humber Acute Services programme at: [www.humbercoastandvale.org.uk/humberacutereview](http://www.humbercoastandvale.org.uk/humberacutereview)



## **York and Scarborough Teaching Hospital NHS Foundation Trust**

Following extensive engagement with staff and stakeholders in autumn last year, the York Teaching NHS Foundation Trust will change its name to “York and Scarborough Teaching Hospitals NHS Foundation Trust”. The Trust strongly believes that the name change will more accurately reflect the organisation’s purpose and enhance connections with all of the communities it serves. The change will take effect from 01 April 2021.

### **Keep up-to-date with news from across the Alliance**

You can read the latest news on our website [here](#), or find us on social media:



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